

THERAPEUTIC RECREATION (THERREC)

Therapeutic Recreation Courses

THERREC 103 Life Balance: An Understanding of Leisure

3 cr. Undergraduate.

Introductory survey of the historical, philosophical, sociological, developmental, and cultural aspects of recreation, leisure, and play.

Prerequisites: none.

General Education Requirements: HU

Last Taught: Summer 2025, Spring 2025, Fall 2024, Summer 2024.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 200 Psycho/Social Aspects of Leisure

3 cr. Undergraduate.

Study of the psychological and sociological aspects of leisure participation.

Prerequisites: none.

Last Taught: Fall 2007, Spring 2007, Fall 2006, Spring 2006.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 202 Disability: Society and the Person

3 cr. Undergraduate.

Goals are to introduce and sensitize students to individuals with disabilities and to enable students to understand the psychological and social impact of disability.

Prerequisites: none.

General Education Requirements: SS

Last Taught: Spring 2025, Fall 2024.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 202X Disability: Society and the Person

3 cr. Undergraduate.

Goals are to introduce and sensitize students to individuals with disabilities and to enable students to understand the psychological and social impact of disability.

Prerequisites: none.

General Education Requirements: SS

Last Taught: Spring 2025, Fall 2024.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 203 Therapeutic Recreation Process

3 cr. Undergraduate.

Study of Therapeutic Recreation (TR) process including the values and underpinning of practice, and the inter-relationships between TR, health care and human service professionals.

Prerequisites: none.

Course Rules: Counts as a repeat of THERREC 390 with same topic.

Course taught completely online.

Last Taught: Fall 2024, Fall 2023, Fall 2022, Fall 2021.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 297 Study Abroad - Therapeutic Recreation:

1-12 cr. Undergraduate.

Designed to enroll students in UWM sponsored program before course work level, content, and credits are determined and/or in specially prepared course work.

Prerequisites: Acceptance to Study Abroad Prog.

Course Rules: May be retaken w/chg in topic.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 300 Therapeutic Recreation Assessment and Documentation

3 cr. Undergraduate.

Study and practice of therapeutic recreation assessment and documentation techniques.

Prerequisites: none.

Last Taught: Spring 2025, Spring 2024, Spring 2023, Spring 2022.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 303 Inclusive and Disability Programs in the Community

3 cr. Undergraduate.

Study of concepts and practices related to the delivery of community programs for individuals with disabilities.

Prerequisites: none.

Last Taught: Fall 2024, Fall 2023.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 303X Inclusive and Disability Programs in the Community

3 cr. Undergraduate.

Study of concepts and practices related to the delivery of community programs for individuals with disabilities.

Prerequisites: none.

Last Taught: Fall 2024, Fall 2023.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 308 Therapeutic Recreation in Physical Rehabilitation and Behavioral Health

3 cr. Undergraduate.

Therapeutic recreation services for individuals with physical disabilities and psychiatric disorders.

Prerequisites: none.

Course Rules: Not open for cr for students with cr in THERREC 304(ER) or THERREC 305(ER).

Last Taught: Fall 2024, Fall 2023, Fall 2022, Fall 2021.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 309 Therapeutic Recreation in Pediatrics and Gerontology

3 cr. Undergraduate.

Therapeutic recreation services for children/adolescents and elderly individuals.

Prerequisites: junior standing or consent of instructor.

Course Rules: Not open for cr for students with credit in THERREC 306 or THERREC 307.

Last Taught: Summer 2025, Spring 2025, Summer 2024, Spring 2024.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 310 Facilitation Techniques in Therapeutic Recreation

3 cr. Undergraduate.

Study of various facilitation techniques used in the field of Therapeutic Recreation (TR). Specific emphasis is placed on Leisure Education as a unique modality.

Prerequisites: none.

Last Taught: Spring 2025, Spring 2024, Spring 2023, Spring 2022.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 390 Topics in Therapeutic Recreation:

1-3 cr. Undergraduate.

Topics of current interest in therapeutic recreation. Specific credits and additional prerequisites will be announced in the Schedule of Classes whenever the course is offered.

Prerequisites: none.

Last Taught: Fall 2008, Spring 2008, Fall 2007, Fall 2006.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 399 Independent Study in Therapeutic Recreation

1-3 cr. Undergraduate.

Individualized experience which enables the student to study current topics of interest to the therapeutic recreation specialist.

Prerequisites: junior standing or consent of instructor.

Course Rules: May be retaken to max of 3 cr.

Last Taught: UWinteriM 2025, Summer 2023, UWinteriM 2023, Fall 2022.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 400 Issues and Trends in Therapeutic Recreation (TR)

3 cr. Undergraduate.

Examination of the most current issues and trends in the field and advancement of the profession.

Prerequisites: THERREC 308(P) or consent of instructor.

Last Taught: Summer 2025, Fall 2024, Summer 2024, Fall 2023.

Current Offerings: <https://catalog.uwm.edu/course-search/>

THERREC 401 Therapeutic Recreation Internship and Seminar

12 cr. Undergraduate.

Therapeutic recreation field instruction at approved agencies for forty hours per week for a full semester. Seminar to prepare students for professional involvement.

Prerequisites: must have completed all course work in the TherRec major.

Last Taught: Fall 2007, Spring 2007, Fall 2006, Summer 2006.

Current Offerings: <https://catalog.uwm.edu/course-search/>